



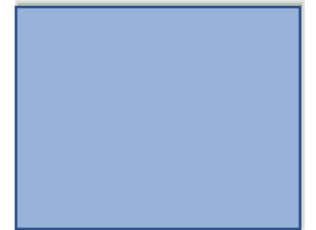
Penn
Family Medicine
Residency Program
2024-2025



Department of
**Family Medicine &
Community Health**



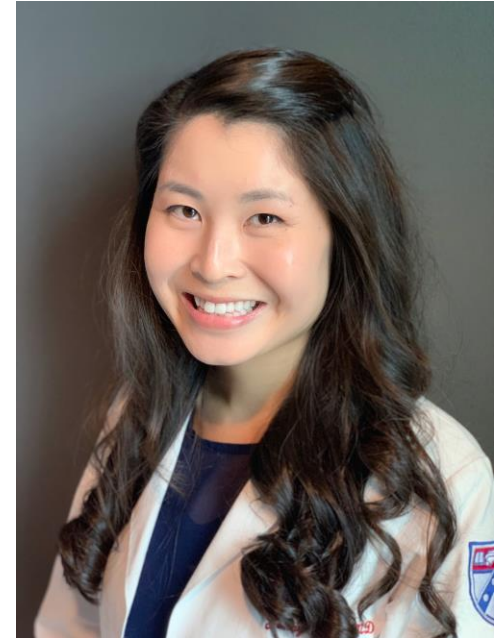
Penn
UNIVERSITY of PENNSYLVANIA



Program Overview

- Our continuity site, Penn Family Care, is located in **West Philadelphia**
- Our program provides **full spectrum primary care, inpatient and obstetric care** for a largely under-resourced, primarily African-American, community.
- We strive to produce well-rounded clinicians who understand the **historical, environmental and social challenges** that impact health and health outcomes.
- As part of the University of Pennsylvania, our residents benefit from all the resources of a **strong academic center, including rigorous clinical training, innovative thought and immense, varied resources** for scholarly pursuit.
- The opportunity to learn about and care for an **underserved community** within the rich historical context of Philadelphia, at a leading academic center is a unique training experience that prepares Penn residents to become leaders wherever they go.

Program Leadership Team



Jenny Wang, MD
Program Director



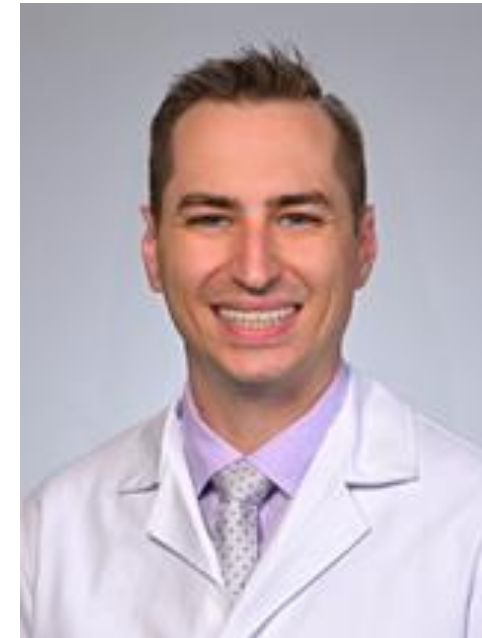
Meg Baylson, MD, MPH
Senior Associate
Program Director



Kristina Laguierre, MD, MPH
Associate Program Director



Swetha Iruku MD, MPH
Assistant Program Director
Director of Resident Wellness



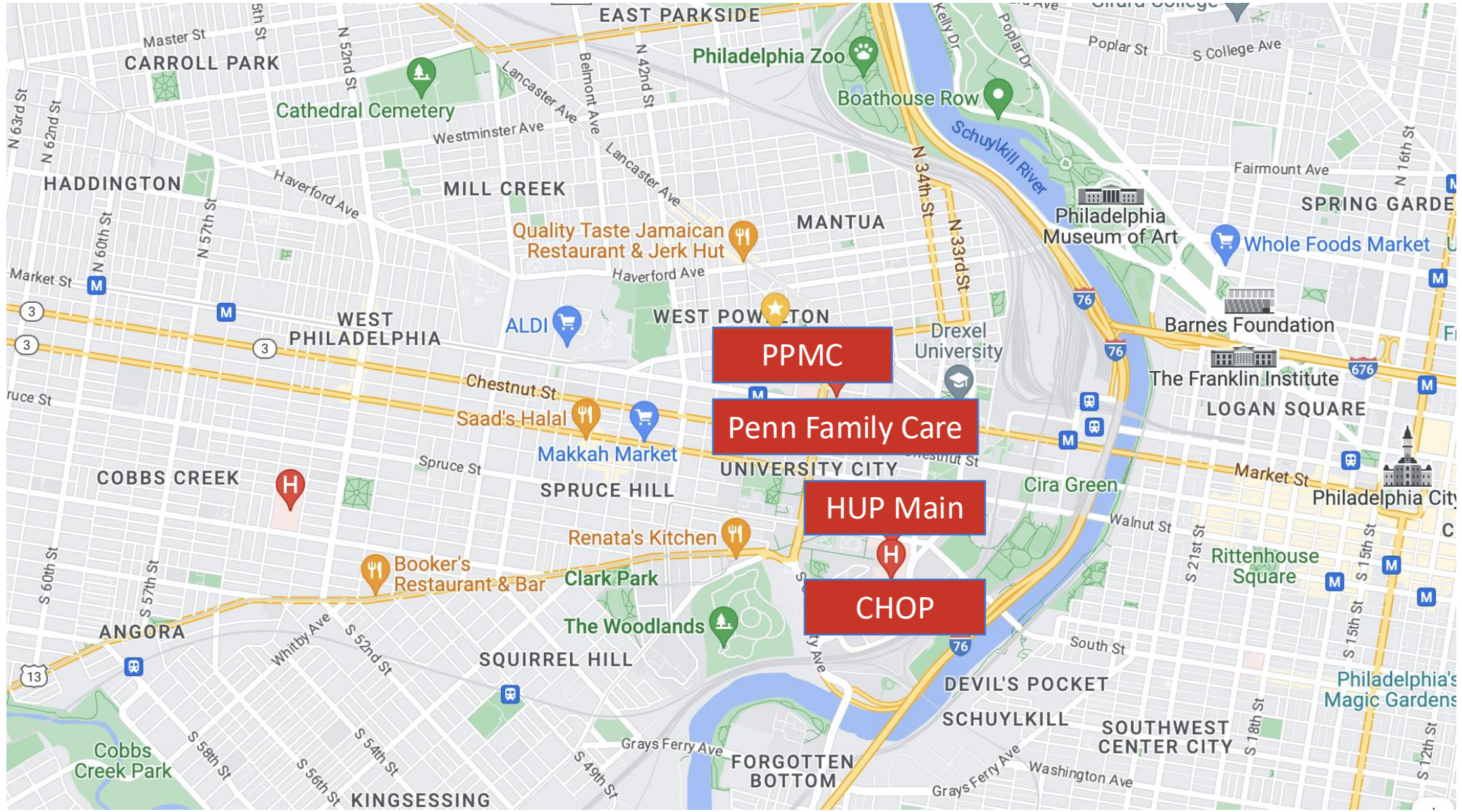
Zack Kosak, MD
Assistant Program Director



Darcy MacDonald, MEd
Manager of Medical Education
Family Medicine Residency
Sports Medicine Fellowship
Addiction Medicine Fellowship



Rhonda Chappelle, BSHA
Program Coordinator
Family Medicine Residency
Sports Medicine Fellowship
Addiction Medicine Fellowship



University of Pennsylvania Health System

- Hospital of University of Pennsylvania (HUP)
- Penn Presbyterian Medical Center (PPMC)
- Pennsylvania Hospital (PAH)
- Penn Medicine at Rittenhouse
- Chester Country Hospital
- Lancaster General Hospital
- Princeton Health
- Virtua Health



Penn Family Care

- Primary Care "Specialty Clinics"
 - OB Intake (prenatal)
 - LGBTQ+ Health
 - HIV/Hepatitis Care
 - MOUD Suboxone (including prenatal care)
 - Procedure Clinic
 - Primary Care Psychiatry
 - Breastfeeding Support
 - Centering (group) Prenatal
 - Sports Medicine
 - Refugee Health



Partners in Care Program



Social Work



Nurse Care managers



Care
Partners/Community
Health Workers



Population Health
Manager



PharmD

12 Residents per Class



Curricular Structure

PGY1	PGY2	PGY3
FM Inpatient: 8 weeks	FM Inpatient: 4 weeks	FM Inpatient: 4 weeks
FM OB/Newborn: 4 weeks	FM Inpatient Nights: 2 weeks	FM OB/Inpatient Nights: 2 weeks
FM Inpatient Nights: 2 weeks	FM OB/Newborn: 4 weeks	FM Outpatient Office: 6 weeks
FMOB Nights: 2 weeks	FMOB Nights: 2 weeks	Community & Social Medicine: 4 weeks
Internal Medicine Inpatient: 4 weeks	Geriatrics Inpatient: 4 weeks	Derm/Cardiology/Surgery: 4 weeks
Obstetrics: 4 weeks	Pediatrics Outpatient: 4 weeks	Musculoskeletal Medicine: 4 weeks
Pediatrics Inpatient: 4 weeks	FM Outpatient Office: 2 weeks	Pediatrics Urgent Care: 4 weeks
Newborn Nursery: 2 weeks	Community & Social Medicine: 4 weeks	Health System Mgmt & QI: 2 weeks
Cardiac ICU: 2 weeks	Health System Mgmt & QI: 2 weeks	Jeopardy: 2 weeks
FM Outpatient Office: 4 weeks	Musculoskeletal Medicine: 4 weeks	Track-Specific Selectives: 6 weeks
Behavioral Health: 4 weeks	Jeopardy: 2 weeks	Electives: 10 weeks
EM Adult: 4 weeks	Track-Specific Selectives: 4 weeks	
Pediatrics Urgent Care: 4 weeks	Electives: 10 weeks	

Electives, electives, electives!

Global Health

Family Planning

Sports Medicine

Research

Quality
Improvement

CHOP – you name it,
they have it

Longitudinal (eg;
Colonoscopy
training, Abortion
Care training, FQHC)

IHS and Rural
Obstetrics (New
Hampshire)

Strengths & Highlights:

Community Medicine

Reproductive Health

High-Volume Obstetrics

Rigorous Inpatient Training

Sports Medicine

LGBTQ Health

Addiction Medicine

HIV/Hepatitis care

Healthcare Leadership in Quality Improvement

Global Health Opportunities

URIM Mentorship

Supportive Co-Residents, Faculty & Program Leadership



Didactics and Conferences

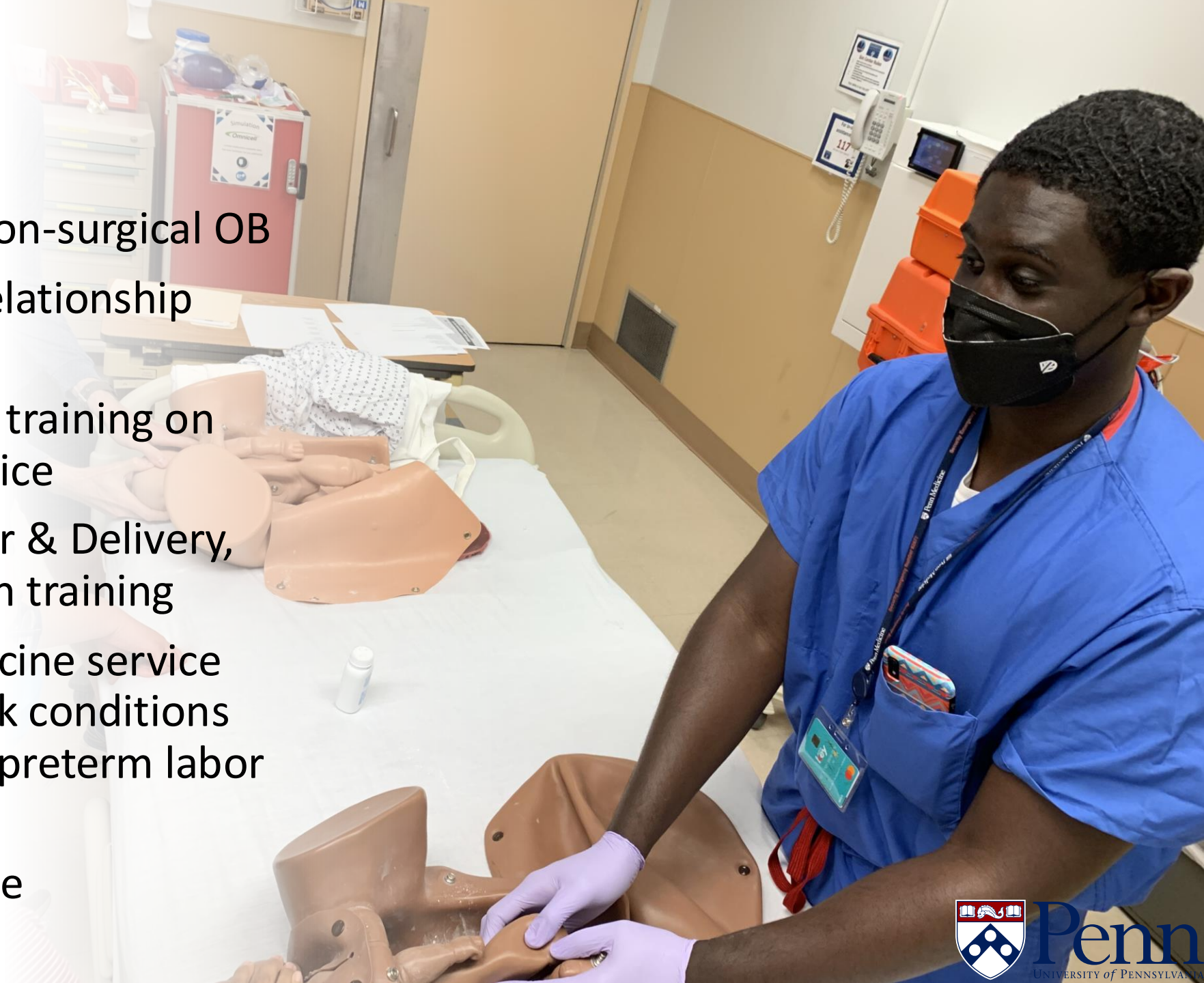
Reproductive Health

- ~400 Family Medicine deliveries annually and expanding!
- Extensive training in IUDs, Nexplanons, colposcopy
- Management of Miscarriage including medication and D&C
- Opt-out First-trimester Abortion in our primary care clinic (medication and MVA)
- Multiple high-volume elective options in Abortion Care
- Trauma-informed Care and Reproductive Justice model
- Supportive faculty with Associate Program Director fellowship-trained in Family Planning



Obstetrics Track

- Train to competency in non-surgical OB
- Longstanding, collegial relationship with OB Department
- Routine and high-risk OB training on independent FM-OB service
- Prenatal, OB Triage, Labor & Delivery, Postpartum and Newborn training
- Antepartum Family Medicine service provides training high-risk conditions including pre-eclampsia, preterm labor and placental abruption
- High volume prenatal care





Community Medicine

- Social Medicine curriculum built into core curriculum for all residents
 - Brief curriculum prior to orientation
 - Formal didactics and walking tour during orientation
 - Two required Community Medicine blocks
- Community Medicine curricular track
- Residency clinics located within the community of West Philadelphia
- Obstetric care for patients from six local FQHCs on the FM-OB service
- Partnerships with local organizations



Community and Social Medicine Curriculum

- Free Clinic Sites
- FQHCs
- Home Visits
- Vaccine Drives
- Social Medicine and Anti-Racism Curriculum
- Mobile Suboxone Induction Unit (PPP)



Commitment to Moving the Needle on Health Equity

- **National Race-Based ACOG Anemia in Pregnancy Guidelines Eliminated and Changed**
 - Our FM residents discussed concerns about race-based medicine with MFM faculty who conducted a prospective cohort study highlighting the racial disparities
 - ACOG changed Practice Bulletin 233 to eliminate the race-based guidelines
- **Institutional Race-Based eGFR Eliminated**
 - Our FM residents partnered with Renal faculty to collect institutional data on racial disparities impacted by eGFR
 - Eliminated Penn's race-based eGFR in lab results and implemented Best Practice Advisories for patients with CKD
- **CHOP Race-Based Febrile UTI Pathway Eliminated and Changed**
 - Our FM residents reviewed the data for the race-based febrile UTI pathway and discussed with CHOP's EM department
 - After more evaluation and review of new studies, CHOP incorporated history of UTI and duration of fever, and removed the race-based guidelines
- **QI Projects developed with SMARTIE Aims**
 - Strategic, Measurable, Ambitious, Realistic, Time-bound, **Inclusive, Equitable**





Inclusion, Equity, and Anti-Racism

- Mentorship Program for Underrepresented in Medicine Residents
- Alliance of Minority Physicians – spans across Penn and CHOP with variety of mentorship and scholarship opportunities for residents and medical students
- Built-in curriculum and didactics on structural racism
- Optional resident affinity groups
- Anti-Racism Task Force

LGBTQ Health

- Our primary care clinic serves a high volume of LGBTQ patients for primary care including gender-affirming hormone therapy, reproductive health and obstetrics and management of chronic conditions
- All residents rotate through the LGBTQ+ clinic sessions in our clinic, supervised by faculty who specialize in this area to learn best-practices in gender-affirming, trauma-informed care
- LGBTQ Health elective allows further exposure to pediatric gender-affirming care and experiences at other community-based clinics and organizations.





Addiction Medicine

- Starting in intern year, residents rotate through the Opioid Use Disorder treatment sessions in our primary care clinic, under the supervision of Family Medicine attendings
- Training in suboxone induction and maintenance and peripartum substance use
- Clinic supported by Peer Recovery Specialists, Case Management and Clinical Pharmacist
- Our program sponsors X-waiver trainings for all residents during orientation to facilitate suboxone prescribing after graduation.
- Residents also rotate with a local harm reduction organization, Prevention Point and spend time on the mobile MAT clinic van in the community



Curricular Tracks

- In the second half of intern year, residents select one of three curricular tracks
- Despite having tracks, all residents gain robust training in all three areas to graduate competent in full spectrum Family Medicine
- Tracks include:
 - **Community Medicine**
 - **Inpatient**
 - **Obstetrics**



Curricular Tracks Available

Curricular Track	PGY2 FM-OB Labor Floor Chief	PGY3 Adult Inpatient (PMC) Team Chief	Community- Oriented Ambulatory Medicine
Obstetrics	2 months	1 month	0
Inpatient/Teaching	1 month	1 months	1 month
Community Med	1 month	1 months	2 months



FUN TIMES





ANNUAL CLASS RETREATS





WEDDINGS AND WELLNESS





GRADUATE BABIES '18, '20, AND '21



GRADUATE BABIES '23



GRADUATE BABIES '19

What Do Our Graduates Do?

- **They are leaders wherever they go!**
- FQHCs—local and afar, with and without OB
- Residency Program Faculty—Program Directors, Associate Program Directors
- Fellowship—Sports Medicine, Addiction, Palliative, Operative Obstetrics, Faculty Development, Reproductive Health, etc
- Clinical Practice Leadership Roles—Director of QI, Medical Director, etc
- Private Practice





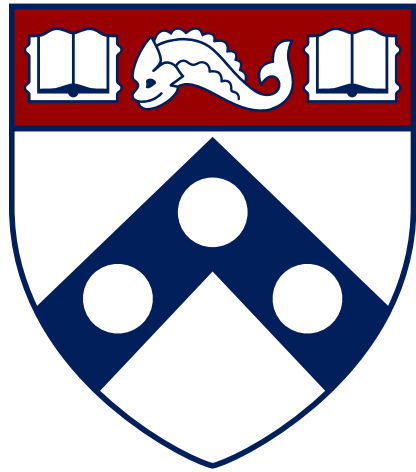
Thank You!

For more
information:

- Visit our residency program website:

<https://www.pennmedicine.org/departments-and-centers/family-medicine-and-community-health/education-and-training/residency>

- [Residency Curriculum](#)
 - [Current Resident Profiles](#)
 - [How to Apply](#)
- Instagram: @pennfmresidency
 - Or contact our Academic Manager and Program Coordinator, Darcy MacDonald and Rhonda Chappelle at fampract@pennmedicine.upenn.edu.



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